

HELP AND CONNECT



A PROJECT BY GRAPEVINE FOR AUTISTIC PEOPLE AND PEOPLE WITH LEARNING DISABILITIES IN COVENTRY

INDIVIDUAL SUPPORT COMBINED WITH GROUP SESSIONS

WHAT IS HELP AND CONNECT?

Help and Connect builds on people's strengths to develop lasting confidence and networks of support that help open the door to stronger futures.

WHAT HELP IS AVAILABLE?

We work alongside people to make a plan, get connections, stay healthy and safe. Regular group sessions also cover a wide range of useful topics.

TAILORED AROUND WHAT YOU CARE ABOUT

LEADING CHANGE IN YOUR OWN LIFE

ABOUT GRAPEVINE

We meet people where they are — working to what they can do, not just what's gone wrong. Our support is centred around the person, their dreams and skills.

HOW DO I JOIN?

If you or someone you know would like to be referred to Help and Connect, please email helpandconnect@grapevinecovandwarks.org

COMMISSIONED BY COVENTRY CITY COUNCIL



MORE INFO

WWW.GRAPEVINECOVANDWARKS.ORG

Grapevine Coventry and Warwickshire is a registered charity: 1107969